

NICHE *Evidence-Based Geriatric Nursing Protocols for Best Practice Book*

Overview

The NICHE *Evidence-Based Geriatric Nursing Protocols for Best Practice Book* addresses "best practices" and evidence-based approaches for acute care of older adult patients as developed by nursing experts around the country. The fourth edition includes 17 revised and updated chapters and five new topics addressing transitional care, acute care models, mistreatment detection and catheter-associated infections (4th Edition, 2012). New York: Springer Publishing.

Features & Benefits

Feature: Updated in 2012.

Benefit: Provides the most current, evidence-based protocols for care of common clinical conditions and issues in older adult patients.

Feature: Contains 34 chapters targeting the key areas of elder care.

Benefit: Each chapter includes educational objectives, assessment of the problem, nursing intervention or care strategies and references to support improved care of older adult patients.

Feature: Useful as a reference tool.

Benefit: Provides the level of evidence for each intervention and thus synthesizes the latest research into usable strategies for practice.

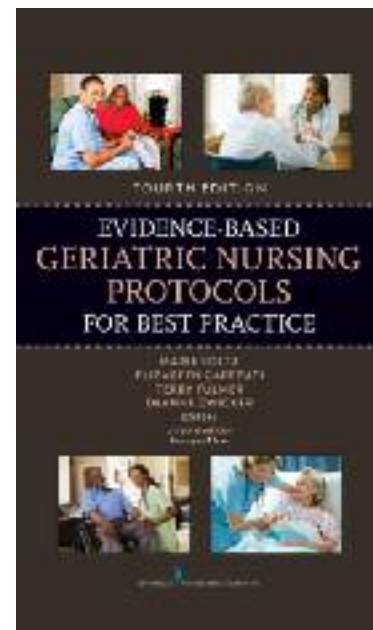
Feature: Encompasses the contributions of 58 leading practitioners of geriatric care and edited by nationally known leaders in geriatric nursing education and practice.

Benefit: Provides authoritative descriptions of protocols for each clinical condition developed by experts in that particular area.

Applications

The NICHE *Evidence-Based Geriatric Nursing Protocols for Best Practice Book* is designed to improve the quality, outcomes and cost-effectiveness of healthcare. The book provides a foundation for many of the NICHE resources offered to strengthen the knowledge base of healthcare professionals. Written for nurses, clinical leaders and students at all levels, including those in specialty roles.

NICHE PORTFOLIO



Support Resources

- NICHE Leadership Training Program
- NICHE Organizational Strategies
- Clinical Improvement Models
- NICHE Education Briefs
- Geriatric Resource Nurse (2nd Edition, 2012) Curriculum
- Introduction to Gerontology (2nd Edition, 2012) Curriculum
- Geriatric Patient Care Associate (2nd Edition, 2012) Curriculum
- NICHE Online Connect Webinars
- NICHE Solutions Series
- Need to Know by NICHE Series
- Joint Commission Crosswalk
- NICHE Annual Conference

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NICHE Hospital Innovation

Solution No. 14: Use of the Best Practice Team for the Care of Older Adults

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PROBLEM: Care of older adult patients requires staff expertise and clinical practices that acknowledge their specialized needs.

SOLUTION: An inter-professional team guides the development, implementation and evaluation of quality initiatives designed to improve the outcomes and experiences of hospitalized older adults and their families.

Problem Identified Acute care nursing has traditionally focused on treating the acute problem that led to admission, rather than preventive, aging-sensitive interventions. The bedside nurse is typically challenged by a lack of educational and operational resources to prevent and manage "geriatric syndromes" such as infection, delirium, falls and adverse drug events.

Solution Formulated A Best Practice Team for the Care of Older Adults was formed at St. Luke's Episcopal Hospital to respond to the needs of older adult patients. This inter-professional team focused on five areas:

- Improving the geriatric care knowledge base
- Reducing the prevalence of sepsis
- Reducing the incidence of delirium
- Reducing falls and fall-related injuries
- Improving medication reconciliation processes and decreasing the incidence of polypharmacy

Evaluation/Results Some of the team accomplishments to date include:

- Implemented the 2008 Surviving Sepsis Campaign (SSC) Guidelines with improvements in cost and outcomes
- Developed a research study to test a delirium prevention bundle
- Secured grant monies to develop a Geriatric Resource Nurse Workshop
- Organized monthly geriatric education programs for licensed, unlicensed and medical staff
- Reduced acetaminophen toxicity and improved prescribing practices for older adults
- Instituted a hospital-wide multidisciplinary educational initiative addressing the Beers criteria

REFERENCES 1. Boltz, M., Capezuti, E., Shabbat, N., & Hall, K. (2010). Going home better not worse: Older adults' views on physical function during hospitalization. *International Journal of Nursing Practice*, 16 (4), 381 – 388.
2. Resnick, B., Galik, E., Boltz, M., & Pretzer-Aboff, I. (2011). *Restorative Care Nursing for Older Adults: A Guide For All Care Settings*. (2nd ed.). New York: Springer Publishing.

NICHE-RELATED RESOURCES 1. Geriatric Resource Training – NICHE Geriatric Resource Nurse Core Curriculum. (Available at NICHE Knowledge Center, accessed via www.nicheprogram.org).
2. The Geriatric Institutional Assessment Profile (GIAP) Guide. (Available at NICHE Knowledge Center, accessed via www.nicheprogram.org).
3. Boltz, M., Resnick, B., & Galik, E. (2011). Interventions to Prevent Functional Decline in the Acute Care Setting. In M. Boltz, E. Capezuti, T. Fulmer, & D. Zwicker (eds.). *Evidence-Based Geriatric Nursing Protocols for Best Practice* (4th ed. pp 104-121). New York: Springer.

View the *Evidence-Based Geriatric Nursing Protocols for Best Practice Book*. The book is available from Springer Publishing, New York.

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